



YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

Devoted to teaching classical yoga in the Iyengar tradition

MAY--AUGUST 2026 SCHEDULE

DROP-IN CLASSES

Sun 9:00-10:30am	LEVEL TWO	Katie--Studio
Sun 10:45am-12:00pm	LEVEL ONE	Katie--Studio
Mon 5:30-7:00pm	ALL LEVELS	Karan--Studio/Zoom
Tue 10:00-11:30am	ALL LEVELS	Katie--Studio
Tue 5:30-7:00pm	LEVEL TWO	Faith--Studio/Zoom
Wed 5:00-6:30pm	ALL LEVELS	Katie--Studio
Wed 7:00-8:30pm	LEVEL ONE	Sophie--Studio
Thu 11:00am-12:15pm	LEVEL ONE	Sophie--Studio
Sat 9:00-10:30am	LEVEL ONE	Lisa--Studio/Zoom

SERIES

Mon 9:00-10:15am	Ageless Intro [6/1-6/22] [7/13-8/17]	Faith--Studio
Wed 9:00-10:15am	Ageless Cont [6/3-6/24] [7/15-8/19]	Faith--Studio
Thu 5:30-6:30pm	Beginners [6/4-6/25]	Paul--Studio

BOOK-a-CLASS

yogacoop.com/book-a-class