



YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

DEVOTED TO TEACHING CLASSICAL YOGA IN THE IYENGAR TRADITION

MAY-AUG 2024-SCHEDULE

[SIGN-UP @ YOGACOOOP.COM](http://YOGACOOOP.COM) FROM HOME OR IN THE STUDIO

Sunday	9:00 – 10:30 AM	ALL LEVELS	Katie	STUDIO
	10:45 – 12:00	LEVEL 1	Katie	STUDIO
Monday	6:00 – 7:15 PM	BEGINNERS SERIES Apr 29 to May 20 June 3 to June 24 July 8 to July 29	Paul Sophie Paul	STUDIO
Tuesday	10:00 -- 11:30 AM	ALL LEVELS	Katie	STUDIO
	5:30 – 7:00 PM	LEVEL 2	Faith	STUDIO & ZOOM
Wednesday	9:00 -- 10:15 AM	AGELESS SERIES April 17 to May 29 June 5 to July 10 July 31 to Sept 11	Faith	STUDIO
	5:00 – 6:30 PM	ALL LEVELS	Katie	STUDIO
	7:00 – 8:30 PM	LEVEL 1	Sophie	STUDIO
Thursday	11:00 AM – 12:15 PM	LEVEL 1	Sophie	STUDIO
	5:30 – 7:00 PM	ALL LEVELS	Karan	STUDIO & ZOOM
Saturday	9:00 – 10:30 AM	LEVEL 1	Lisa	STUDIO & ZOOM

Details at: YOGACOOOP.COM/CLASS-DESCRIPTIONS/